



## April - August Menu 2018

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> (7.30-8.30)	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast
<b>Am Snack</b> (10.00-10.30)	Cheese twist & fruit with a cup of milk	Fruit Selection with a cup of milk	Breadsticks & raisins with a cup of milk	Rice cake & fruit with a cup of milk	Crackers and cheese with a cup of milk
<b>Lunch</b> (12.00-12.30)	Chicken and Leek Pie with herby potato crust  Homemade Sponge and custard	Veggie Bake with Lentils and Herbs  Freshly Baked Flapjack	Tuna Pasta Bake & Sweetcorn  Yoghurt	Meat balls with couscous & peas  Peaches and Custard	Jacket Potatoes with choice of filling  Fruit Salad
<b>Pm Snack</b> (2.00-2.30)	Biscuit with a cup of milk	Breadsticks & fruit with a cup of milk	Veg Sticks with a cup of milk	Cheese twist & fruit with a cup of milk	Rice cake with a cup of milk
<b>Tea</b> (4.00-4.30)	Pitta Pockets Veg Sticks	Cheese and tuna toasties Fruit Selection	Ploughman's Tea Veg Sticks	Savoury Scones & Fruit	Toasted tea cakes Veg Sticks



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<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> (7.30-8.30)	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast
<b>Am Snack</b> (10.00-10.30)	Breadsticks & raisins with a cup of milk	Rice cake & fruit with a cup of milk	Crackers and cheese with a cup of milk	Cheese twist & fruit with a cup of milk	Veg sticks with a cup of milk
<b>Lunch</b> (12.00-12.30)	Sausages and Mash with peas  Yoghurt	Macaroni cheese With sweetcorn  Homemade Fruit Crumble	Chicken Curry, Rice and Broccoli  Fruit Salad	Fish Pie with peas  Homemade Banana Loaf	Turkey Pasta Bake with sweetcorn  Peaches and Custard
<b>Pm Snack</b> (2.00-2.30)	Fruit Selection with a cup of milk	Crackers with butter with a cup of milk	Cheese twist & fruit with a cup of milk	Biscuit & fruit with a cup of milk	Breadsticks & fruit with a cup of milk
<b>Tea</b> (4.00-4.30)	Selection of Sandwiches and Veg sticks	Crumpets and apple slices	Spaghetti on Toast Fruit Selection	Pizza muffins Veg Sticks	Scrambled Eggs and Toast



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<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> (7.30-8.30)	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast
<b>Am Snack</b> (10.00-10.30)	Rice cake & fruit with a cup of milk	Crackers and cheese with a cup of milk	Cheese twist & fruit with a cup of milk	Biscuit & fruit with a cup of milk	Breadsticks & raisins with a cup of milk
<b>Lunch</b> (12.00-12.30)	Veggie Dhal and Pittas  Yoghurt	Shepard's Pie and Peas  Freshly Baked Cookies	Chicken and Mediterranean Veg Pasta Bake  Fruit Crumble	Spaghetti Bolognese and Green Beans  Peaches and Custard	Fish fingers with mash potato and sweetcorn  Fruit Salad
<b>Pm Snack</b> (2.00-2.30)	Crackers with butter with a cup of milk	Veg sticks with a cup of milk	Biscuit & fruit with a cup of milk	Breadsticks & fruit with a cup of milk	Rice cake with a cup of milk
<b>Tea</b> (4.00-4.30)	Sandwiches and pear slices	Ploughman's Tea Veg Sticks	Pittas and Veg sticks	Toasted crumpets Fruit Selection	Toasted Teacakes Fruit Selection



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<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> (7.30-8.30)	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast	A selection of cereal & toast
<b>Am Snack</b> (10.00-10.30)	Crackers and cheese with a cup of milk	Cheese twist & fruit with a cup of milk	Biscuit & fruit with a cup of milk	Breadsticks & raisins with a cup of milk	Rice cake & fruit with a cup of milk
<b>Lunch</b> (12.00-12.30)	Chilli and Jacket Potatoes with sweetcorn  Freshly Baked Flapjack	Lasagne, Garlic Bread and Peas  Fruit	Chicken and Dumpling Casserole with peas  Baked Cookies	Moroccan Tagine with Fruity couscous  Yoghurt	Mediterranean Bean Stew with Herby Sweet Potato Crust  Jelly
<b>Pm Snack</b> (2.00-2.30)	Cheese twist & fruit with a cup of milk	Veg Sticks with a cup of milk	Breadsticks & fruit with a cup of milk	Rice cakes with a cup of milk	Crackers with butter with a cup of milk
<b>Tea</b> (4.00-4.30)	Pitta Pockets with Veg sticks	Sandwiches with Carrot Sticks	Beans on Toast Fruit Selection	Cheese and Ham Toasties Fruit Selection	Toasted Tea Cake Veg Sticks